

## Why a saint for Confirmation?

We choose a Confirmation saint (like we choose a Confirmation sponsor) not out of due diligence to the “rule,” but rather because *we realize how unfortunate it would be to travel alone*. We recognize how important it is to know your Confirmation saint not only by name, but also by story. The saints have so much to teach us about this journey.

The following list is for you to use as a starting point in your journey to decide whom your “Confirmation saint-buddy” will be. Pick a saint (canonized or blessed) who speaks to you somehow. Know their story. But, mostly know the power of their prayer. Ask for their intercession like you would ask for the prayers of your friends. Saying “yes” to a Confirmation saint is like saying “yes, you may always pray for my poor and weary soul.”

How fantastic is that!? I pray that in this process you don’t just find a Confirmation saint, but instead an incredible friend.

Saints that were heroic

- St. Mary, the Mother of God
- St. Denis
- St. George Martyr
- St. Joan of Arc
- St. Joseph Cupertino
- St. Louis IX
- St. Margaret of Antioch
- St. Maximilian Kolbe
- Bl. Miguel Pro
- St. Padre Pio
- St. Patrick
- St. Peter
- St. Simeon Stylites
- St. Quiteria

Modern Day Saints

- Venerable Augustus Tolton
- St. André Bessette

- Servant of God Chiara Corbella Petrillo
- Servant of God Dorothy Day
- St. Gianna
- St. Jaime Hilario Barbal
- St. John XXIII
- St. John Paul II
- St. Josemaria Escriva
- St. Josephine Bakhita
- St. Katharine Drexel
- St. Luigi Orione
- St. Maria Bernard Butler
- St. Maria Faustina Kowalska
- St. Mary MacKillop
- St. Mother Teresa
- St. Óscar Romero
- St. Pauline of the Suffering Heart of Jesus
- St. Pius X
- St. Riccardo Pampuri
- Bl. Sára Salkaházi
- St. Teresa Benedicta of the Cross
- Servant of God Thea Bowman

Doctor's of the Church (Not medical, more like professors)

- St. Albert the Great
- St. Alphonsus Liguori
- St. Ambrose
- St. Anselm of Canterbury
- St. Anthony of Padua
- St. Athanasius
- St. Augustine
- St. Basil the Great
- St. Bede the Venerable
- St. Bernard of Clairvaux
- St. Bonaventure
- St. Catherine of Siena
- St. Cyril of Alexandria
- St. Cyril of Jerusalem
- St. Ephrem the Syrian
- St. Francis de Sales

- St. Gregory of Narek
- St. Gregory the Great
- St. Gregory of Nazianzus
- St. Hilary of Poitiers
- St. Hildegard of Bingen
- St. Isidore of Seville
- St. John Chrysostom
- St. John of Ávila
- St. John of Damascus
- St. John of the Cross
- St. Jerome
- St. Lawrence of Brindisi
- St. Leo I, the Great
- St. Peter Chrysologus
- St. Peter Damian
- St. Peter Canisius
- St. Robert Bellarmine
- St. Thérèse of Lisieux
- St. Teresa of Ávila
- St. Thomas Aquinas

#### Saints that have a cool conversion story

- St. Augustine of Hippo (also a doctor of the Church)
- St. Francis of Assisi
- St. Genesius
- St. Ignatius of Loyola
- Bl. Imelda Lambertini
- St. Longinus
- St. Mary Magdalene - Most likely she should not be on this list. Research and see why!
- St. Moses the Black
- St. Paul the Apostle
- St. Vladimir of Kiev

#### Became saints before the age of 25!

- St. Agnes
- St. Aloysius Gonzaga
- St. Aquilina

- Bl. Carlo Acutis
- St. Charles Lwanga
- Bl. Chiara Luce Badano
- St. Dominic Savio
- Bl. Francisco Marto
- St. Gemma Galgani
- Bl. Jacinta Marto
- St. José Sánchez del Río
- St. Lucy
- St. Maria Goretti
- St. Perpetua
- St. Philomena
- Bl. Pier Giorgio Frassati
- St. Tarcisius

#### Saints to invoke for special intentions

- For abuse victims – St. Monica
- For adopted children – St. Thomas More
- For artists – St. Catherine of Bologna
- For athletes – St. Sebastian
- For altar servers – St. John Berchmans
- For bakers – St. Nicholas
- For Christian mothers – St. Anne
- For earaches – St. Polycarp
- For fisherman – St. Andrew
- For friendships – St. John the Evangelist
- For farmers and rural communities – St. Isidore the Farmer
- For “hopeless causes” – St. Jude Thaddeus
- For hunters – St. Hubert
- For headaches – St. Teresa of Ávila (also a doctor of the Church)
- For musicians – St. Cecilia
- For physicians – St. Luke
- For the poor – St. Lawrence
- For protection from fire – St. Agatha of Sicily
- For those too sick to care for themselves – St. Roch
- For sore eyes – St. Clare of Assisi
- For speakers and philosophers – St. Justin Martyr
- For those who struggle with doubt – St. Thomas the Doubter
- For students – St. John Bosco and St. Benedict

- For the universal Church and fathers – St. Joseph
- For those suffering nervous and mental afflictions – St. Dymphna
- For toothaches – St. Apollonia
- For travelers – St. Christopher