



2019

St. Patrick of Heatherdowns

Breakfast is free for all students. Adults \$2.25
 Full price Lunch- Students \$3.25, Adults \$4.25
 Reduced Lunch- Students 40¢

	2	Toast	3	Poptart	4	Scrambled eggs/Toast	5	Cinnamon roll	6
		Walking Taco		Cheeseburger		Popcorn Chicken		St. Pat's Pizza	
		Mexican rice		French fries		Alfredo pasta		Tossed salad	
		Corn		Baked beans		Broccoli		Carrot sticks	
		Fruit and Milk		Fruit and Milk		Fruit and Milk		Fruit and Milk	
	Bagel/Diced peaches		Pretzels/Juice		Cookie/Milk		Yogurt/Milk		
Yogurt	9	Toast	10	Sausage-egg Biscuit	11	French toast	12	Bakery muffin	13
Sloppy Joe (On a bun or with Scoops)		Chicken burrito		Macaroni and Cheese		Oven Roasted Chicken		Spaghetti with meat sauce	
French fries		Mexican rice		Tossed salad		Mashed potatoes		Green beans	
Fruit and Milk		Black beans		Dinner roll		Broccoli/Cornbread		Garlic toast	
Cereal/Milk		Fruit and Milk		Fruit and Milk		Fruit and Milk		Fruit and Milk	
		Cheesestick/Milk		Pretzels/Juice		Muffin/Fresh fruit		Tortilla chips/Salsa	
Fruit Smoothie	16	Toast	17	Poptart	18	Pancakes/Sausage	19	Cinnamon roll	20
BBQ Pulled Pork Sand.		Hard Beef Tacos		Beef hot dog on a bun		Turkey and noodles		St. Pat's Pizza	
Potato wedges		Mexican rice		Sweet potato fries		Steamed carrots		Tossed salad	
Cole slaw		Refried beans		Roasted veggies		Spinach		Cucumber slices	
Fruit and Milk		Fruit and Milk		Fruit and Milk		Fruit and Milk		Fruit and Milk	
Cereal/Milk		Cheesestick/Milk		Pretzels/Juice		Cookie/Milk		Fresh fruit/Milk	
Yogurt	23	Toast	24	Breakfast burrito	25	French toast	26	Bakery muffin	27
Chicken Sandwich (Breaded or Grilled)		Chicken Enchiladas		Cheeseburger		Fish Sticks		Cheesy bread	
French fries		Mexican rice		French fries		Tossed salad		Pizza dipping sauce	
Fruit and Milk		Seasoned corn		Baked beans		Green beans		Steamed carrots	
Cereal/Milk		Fruit and Milk		Fruit and Milk		Fruit and Milk		Fruit and Milk	
		Bagel/Juice		Raw veggies/Cheese		Muffin/Fresh fruit		Tortilla chips/Salsa	
Fruit Smoothie	30	<p>"This institution is an equal opportunity provider" Menu subject to change without notice.</p> <p>Questions ?- Contact Mrs. Cousino at 419-351-1775 ext. 137 or by e-mail at laura.cousino@toledostpats.org</p>							
Sloppy Joe (On a bun or with Scoops)									
French fries									
Fruit and Milk									
Cereal/Milk									

Breakfast- Assorted cereals offered everyday as an alternate to the menued entrée. A choice of fruit and milk is also offered.

Lunch- Includes 5 items (meat/meat alt., grain, vegetable, fruit and milk). Kindergarten thru 8th grade may decline up to two items. When choosing to accept only 3 or 4 items 1 must be a fruit or vegetable.

Afterschool Snack- Each student in the afterschool care program is offered a snack free of charge, which includes 2 items. In order for the student to receive the snack free of charge they must take both items. If they decline one item they will be charged the ala carte price for their snack.

Share cart- For each meal service any food item that the student receives but does not eat and that is pre-packaged and has not been opened may be placed on the designated share cart in the cafeteria for other students to choose.

Free/Reduced Meal Applications- If you filled out an application last school year and your child was approved for free or reduced meals you will need to fill out a new application for the 2019-2020 school year.