



# ST. PATRICK OF HEATHERDOWNS MASS TIMES

## WHY GO TO MASS?

*“Time given to Christ is never time lost, but is rather time gained, so that our relationships and indeed our whole life may become more profoundly human.”*

—Pope John Paul II from “Dies Domini”



Pope John Paul II

## DID YOU KNOW?

As a Catholic church, we read The Bible in Mass, in 3-year cycles.

If you attend Mass each Sunday, after three years you would have heard 75% of The Bible.

If you attend both weekend and daily Masses, after three years you would have heard 90% of The Bible.

### Daily Mass:

Monday—Friday: 7 a.m. and 8:45 a.m.

### Weekend Masses:

Saturday: 4:30 p.m.

Sunday: 7:30 a.m., 9:30\* a.m. and 11:30 a.m.

\*Children’s Liturgy of the Word and Sunday Pre-School are offered during the 9:30 a.m. Mass.

### Reconciliation:

Saturday: 3 p.m. or any time by appointment



St. Patrick of Heatherdowns

Located at the intersection of Eastgate and Heatherdowns  
4201 Heatherdowns Blvd.  
Toledo OH 43614

Phone: 419-381-1540 direct  
Fax: 419-381-2727  
www.toledostpats.org

## ▶ An invitation to REDISCOVER SUNDAY



Tel: 419-381-1540



# “Do not be afraid to give your time to Christ!” — Pope John Paul II



The Holy Oils received from the Bishop during Holy Week.

“Sunday is a day which is the very heart of the Christian life. From the beginning of my Pontificate, I have not ceased to repeat: ‘Do not be afraid! Open, open wide the doors to Christ!’ In the same way, today I would strongly urge everyone to rediscover Sunday: Do not be afraid to give your time to Christ! Yes, let us open our time to Christ, that he may cast light upon it and give it direction. He is the One who knows the secret of time and the secret of eternity, and he gives us ‘his day’ as an ever new gift of his love.”

— Pope John Paul II from his Apostolic Letter “Dies Domini”

## REDISCOVERING SUNDAY

At St. Patrick of Heatherdowns, we will be paying special attention to the meaning of “rest” and the importance of Mass during the month of November.

If you have been given this brochure, please consider it a personal invitation to join us for a Mass at St. Patrick of Heatherdowns.

### Our weekend Mass schedule:

Saturday 4:30 p.m.

Sunday 7:30, 9:30 and 11:30 a.m.

*Sunday Preschool and Children’s Liturgy of the Word are held during the 9:30 a.m. Mass.*

## FOOD FOR LIFE

Some ask whether it is still an obligation to attend Sunday Mass. Absolutely! It is considered a serious sin to miss Sunday Mass. Obligation for some means something that is imposed by someone else. It is not always helpful to think in those terms. We are obliged in many ways throughout the week. We are obliged to work and we are obliged to eat. We do these things because they are good and necessary for our lives. In the same way, I am obliged to gather faithfully every Sunday for Eucharist. If we believe in Christ and want to live his way, it is natural to join his community at Mass. We need food for our lives. Christ strengthens and nourishes us through his body and blood. Strengthened by the Eucharist and our brothers and sisters each Sunday at Mass, we go forth to live our faith and build the Kingdom of God.

## “LET THE CHILDREN



## COME TO ME”

Many people stop coming to Mass when they have small children at home. Often, people feel the noise of their children will disrupt or upset others around them. Remember, if you don’t hear the noise of children in church, you will never hear the noise of the church in those children. With a little planning, Mass can be a meaningful time for your whole family!

- SPH has a wide variety of Mass times. Pick a time that works best for your family.
- Bring along a picture book about Mass.
- Children at SPH love to participate in the Joyful Noise collection. Bring along some change so your little ones can participate with their peers.
- Sing loudly with your children!

- Celebrate good behavior by doing something special after Mass.
- Have a teen that doesn’t want to go? Make it a family affair! Teens are motivated by special family activities after Mass too!
- Register your 3, 4 or 5-year-old for Sunday Preschool.
- Let your school-aged children leave Mass for Children’s Liturgy of the Word. This allows children to hear and celebrate the Word of God in age appropriate and fun ways.
- Encourage your teen to participate! Teens are always welcomed and encouraged to serve at Mass or volunteer in our children’s programs.



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